

## Preparations in advance of a sanitisation for **cockroaches**

Cooperation  
is important for  
effective elimination.

Therefore, please follow this  
advice:

- Provide access at the agreed time.
- Follow the instructions given  
in this folder as well as verbal  
instructions from Nomor's  
pest-control technicians.

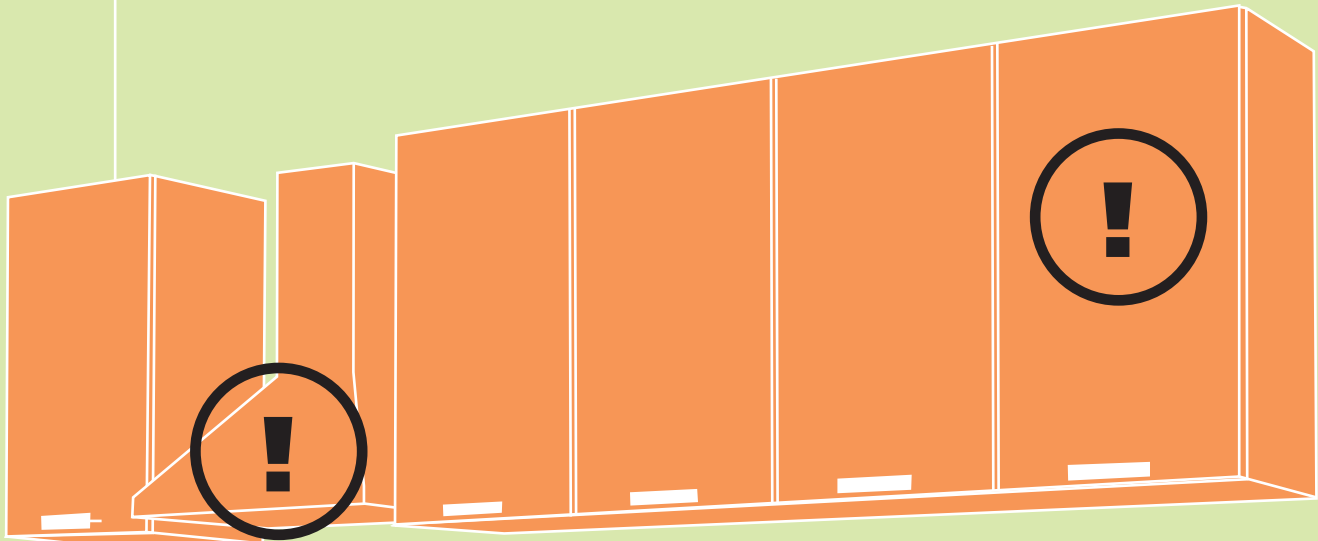
Thank you for your  
help!





# Preparations in advance of a sanitisation for cockroaches

Cockroaches have been found in your apartment and Nomor will therefore carry out a sanitisation to eliminate them. A product must be sprayed in the apartment in order for the sanitisation to be effective. Because of this, we need your help with the preparations.



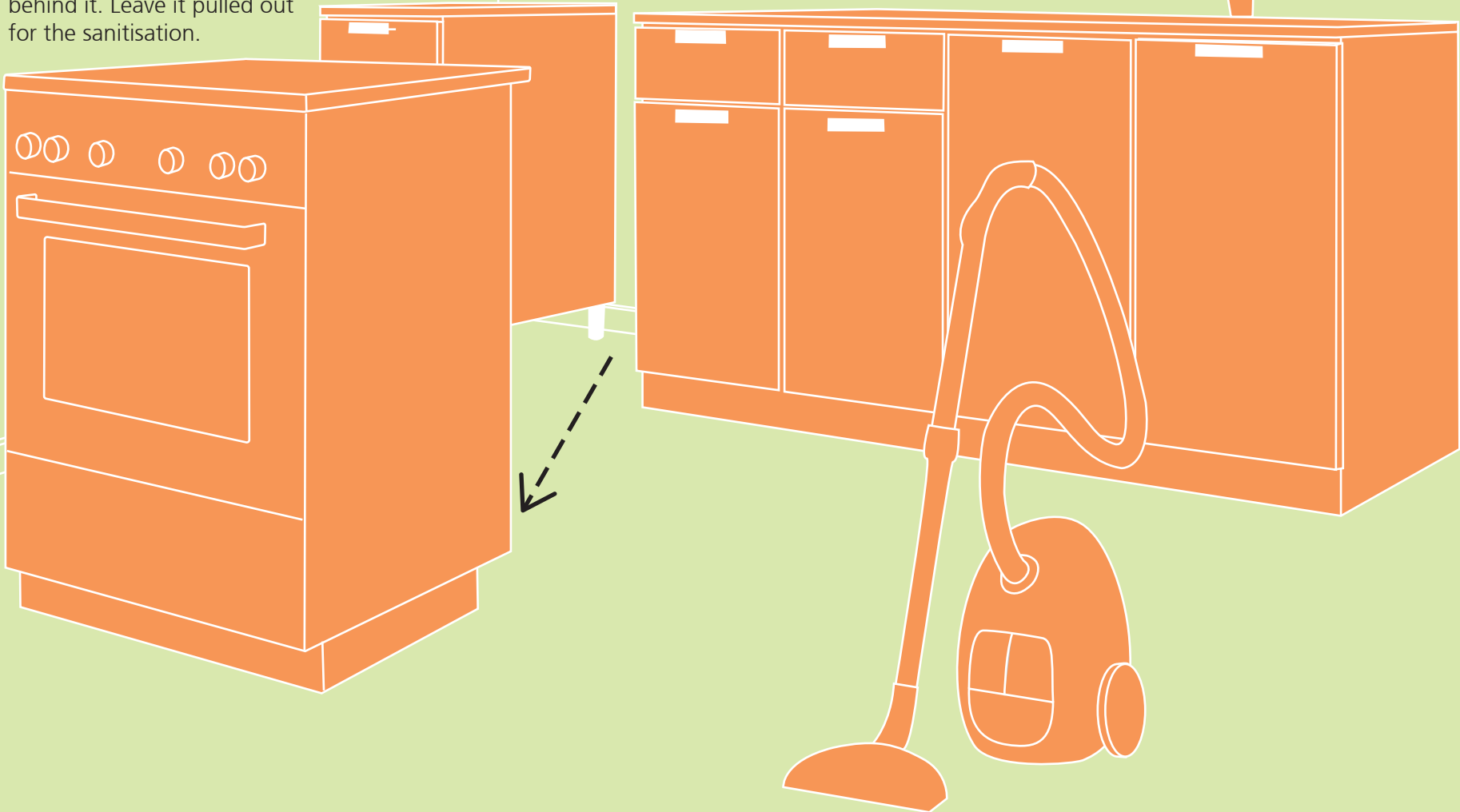
Empty all kitchen cabinets and wipe cabinets and work tops thoroughly. Food must be covered with a sheet, for example, or placed in plastic bags as it can easily become dusty in the kitchen during the sanitisation.

Clean all parts of the apartment thoroughly, including the fan filter.

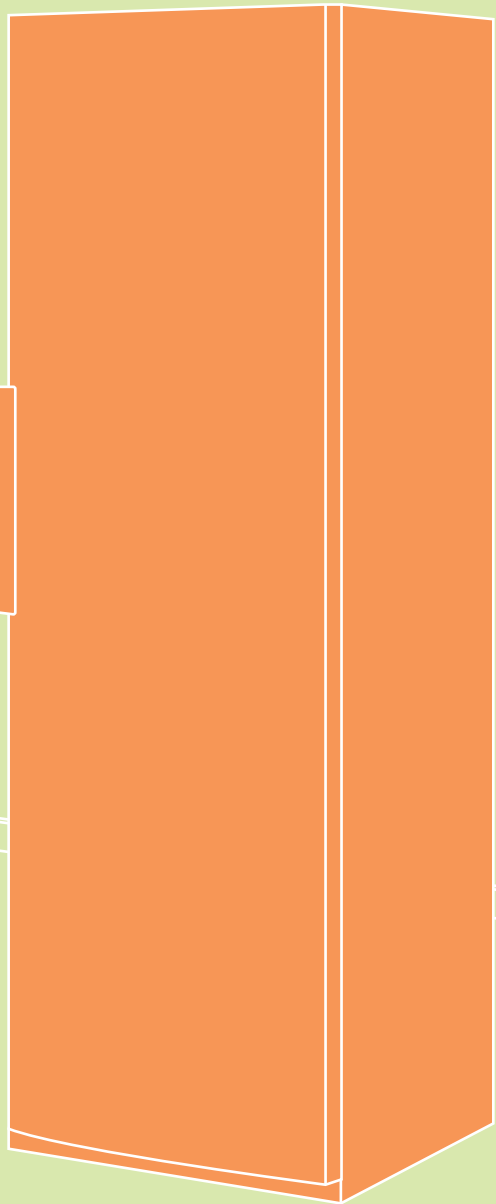
Pull out the cooker and clean behind it. Leave it pulled out for the sanitisation.

Furniture placed against the walls in the kitchen must be pulled out half a metre from the wall.

50 cm



Pull out the fridge and freezer if possible.



No-one is allowed to be in the apartment for 1 hour after the sanitisation. During the sanitisation, we will place cockroach traps in the apartment to check whether there are still cockroaches present.

# Information

## How to prevent pests

A well-cleaned home goes a long way towards preventing cockroaches because you take away their food. Remember:

- wash the dishes often and store food in well-sealed containers
- empty the rubbish often
- don't leave pets' food out for a long time

## Don't try to eliminate them with products of your own

It's important not to try to eliminate them with products of your own because that limits the effect of Nomor's sanitisation and risks spreading the cockroaches to other parts of the apartment.

## Are the pesticides we use safe?

Nomor only uses pesticides that have been inspected and approved by Swedish authorities. Our technicians are trained and licensed by the Public Health Agency of Sweden.

## Do cockroaches spread infection?

Cockroaches can spread viruses and bacteria that can cause salmonella, jaundice and yellow staphylococcus, also known as hospital disease. The foul-smelling secretions given off by cockroaches can cause allergic reactions in some cases.

## For questions and more information

Please contact Nomor's customer services on 0771-122 300 or at [kundtjanst@nomor.se](mailto:kundtjanst@nomor.se). You can find facts and advice about cockroaches at [nomor.se](http://nomor.se).

